

How bad is my Acid Reflux? - Calculate your GERD Score today

## GERD-HRQL Questionnaire

If you have heartburn or GERD, or take medications for those conditions, complete the GERD-HRQL (Health Related Quality of Life) questionnaire, print a copy with your answers and consult with a health care provider.

Scale:

0 = No Symptoms

1 = Symptoms noticeable, but not bothersome

2 = Symptoms noticeable and bothersome, but not every day

3 = Symptoms bothersome every day

4 = Symptoms affect daily activities

5 = Symptoms are incapacitating, unable to do daily activities

1. How bad is your heartburn?

0 1 2 3 4 5

2. Heartburn when lying down?

0 1 2 3 4 5

3. Heartburn when standing up?

0 1 2 3 4 5

4. Heartburn after meals?

0 1 2 3 4 5

5. Does heartburn change your diet?

0 1 2 3 4 5

6. Does heartburn wake you from sleep?

0 1 2 3 4 5

7. Do you have difficulty swallowing?

0 1 2 3 4 5

8. Do you have pain with swallowing?

0 1 2 3 4 5

9. Do you have bloating or gassy feelings?

0 1 2 3 4 5

10. If you take medications, does this affect your daily life?

0 1 2 3 4 5

11. How satisfied are you with your present condition?

Sati NeuDissat  
sfied tral isfied

12. Are you currently taking any medications for heartburn or GERD? Yes No

Please select any of the medications you have taken in the past or are currently taking:

Nexium

Zegerid

Prilosec

Kapidex

Prevacid

Dexilant

Aciphex

Vimovo

Protonix

Your Zip Code:

Need more information?

Visit [gerdhelp.com](http://gerdhelp.com)

Is advanced treatment right for you?

Visit <https://www.gerdhelp.com/quiz-page/>